



Age Group	Development Matters 2020 Statements
Birth to Three	<ul style="list-style-type: none"> - Find ways to calm themselves with comfort from their key person. - Establish their sense of self and express preferences. - Engage with others using gestures, gaze, and talk. - Use engagement to achieve a goal (e.g., gesture towards a cup for a drink). - Manage transitions, such as from parent to key person. - Feel confident playing alone or with others, knowing their key person is nearby. - Explore new places with their key person. - Express a range of emotions and show growing independence. - Show 'effortful control', such as waiting for a turn. - Talk about and manage emotions, such as 'I'm sad because...' - Notice and ask about differences (e.g., skin colour, gender, disabilities). - Develop friendships with other children. - Safely explore emotions through play and stories. - Begin to learn to use the toilet, first with help and then independently.
Three and Four-Year-Olds	<ul style="list-style-type: none"> - Select and use activities/resources to achieve a chosen goal. - Develop responsibility and membership of a community. - Show confidence with unfamiliar people in a safe setting. - Play with others, extending and elaborating play ideas. - Find solutions to conflicts (e.g., suggesting alternatives in a game). - Follow rules and understand their importance. - Develop appropriate ways of being assertive. - Talk about feelings using words like 'happy', 'sad', 'angry', 'worried'. - Understand how others might be feeling. - Be increasingly independent in care needs (e.g., brushing teeth, using the toilet). - Make healthy choices about food, drink, activity, and hygiene.
Children in Reception	<ul style="list-style-type: none"> - See themselves as a valuable individual. - Build constructive and respectful relationships. - Express feelings and consider the feelings of others. - Show resilience and perseverance in the face of challenge. - Identify and moderate their feelings socially and emotionally. - Think about others' perspectives. - Manage personal hygiene and needs. - Know about health and wellbeing factors (e.g., physical activity, healthy eating, toothbrushing).
Early Learning Goals	<ul style="list-style-type: none"> - Understand their own feelings and those of others, regulating behaviour accordingly. - Set and work towards simple goals, waiting for what they want and controlling impulses. - Pay focused attention to the teacher, following instructions with several ideas or actions. - Be confident to try new activities, showing resilience and perseverance. - Explain reasons for rules and behave accordingly. - Manage basic hygiene and personal needs (e.g., dressing, toilet, healthy food choices). - Work cooperatively, take turns, and form positive attachments to adults and peers. - Show sensitivity to their own and others' needs.